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It's of a young man this song I write
Unto the seas he takes great delight
While the female sex had him beguiled
Till at length he had two of them with child
He promised them he'd be true to both
He bound himself with a solemn oath
For to marry them both if he had life
And one of them he made his wife
The other poor girl she was left alone
She said, "You false and alluding men
It's fimny. You have done a wicked thing
Which a public shame unto me will bring."
It's to some silent woods she went
This public shame all to prevent
And for to finish off the strife
She cut the tender thread of life
She hung herself out off a tree
Two men were hunting they did her see
Her flesh by birds were beastly torn
Which grieved those young men's heart
forsom
Straightway they ran and they cut her down
And in her bosom a note was found
This note was written out in large
Saying, "Bury me not or I'll do you charge
"But here on the ground you will let me lie
For all false young men as they pass by
And this by me a warning take
And see their follies when it's too late."
It was on the land she plagued him so
Till at length to the sea he was forced to go
And as he was standing in the topmast high
A little boat he chanced to spy
A little boat without any trim
Which made him tremble on every limb
It's down below then this young man goes
Unto the captain his mind unclosed
Saying, "There is a spirit a-coming hence
So captain you'll stand up in my defence."
It's up on deck then the captain goes
It's there he spied this a-fettered ghost
Saying, "Captain, captain, you must mtend
You must fide and help me with this young man.'
"It's in St. Helen's this young man died
And in St. Helen's his body lies."
"Oh captain do not tell me so
For he do dwell in your ship below
"And if you will stand up in his defence
A mighty storm I will send hence
Which it will make you and your sailors weep
And leave your bodies rolling in the deep."
It's down below then the captain goes
He brings this young man unto his foes
She fixed her eyes on him so grim
That it made him tremble on every limb
Saying, "It's easily knowing when I was a maid
It was first by you I was betrayed
I am a spirit that came for thou
You bought me once but I got you now."
It's to preserve then both ship and men
It was in that boat where she forced him then
The boat sank down in a flame of fire
Which caused the sailors all to admire
So come all good people who love belong
And since you heard of my mournful song
Be true to one or don't be tied
Or don't allure with poor female kind.

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